**Технологическая карта урока**

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| № | Этап | Действия учителя | Деятельность ученика | Результат |
| 1 | Начало урока, организационный момент 1. создание атмосферы иноязычного общения;2. постановка цели и задач урока, мотивация учащихся;3. создание положительного микроклимата | Good morning, everybody!I’m very glad to see you. Let’s start our lesson. How are you? Do you feel well?Do you have a headache (a toothache, stomachache backache.)? I’m glad you are feeling well today. Do the puzzle to guess the topic of our lesson.1. The fourth letter in orchard2. The fifth letter in contest3. The second letter in maple4. The third letter in island5. The first letter in typical6. The sixth letter in breathWhat is the theme of our lesson? Yes, you are right. Today we are going to talk about our health, healthy food and health care. I hope you’ll be very industrious and active at our lesson today. (Слайды 2,3) | Pupils answer the questions, do the puzzle to guess the topic of the lesson and say the theme of the lesson today | Включение в учебный процесс.Дети настроены и сконцентрированы на урок. |
| 2 | Фонетическая и речевая зарядка | Health is the theme of many proverbs. Look at the board, read these proverbs and translate them (Слайд4)- Good health is above wealth.- After dinner sit a while, after supper walk a mile.- Early to bed and early to rise makes a man health, wealth and wise.- An apple a day keeps the doctor away.-A sound mind in a sound body. - Health is not valued till sickness comes. | Pupils read these proverbs and translate them- Доброе здоровье дороже богатства.- После обеда посиди минутку, после ужина пройдись с милю.- Кто рано ложится и рано встаёт, здоровье, богатство и ум наживётЕсть одно яблоко в день – лучшее лекарство.- В здоровом теле здоровый дух. - Здоровье не ценится, пока здоров. | Вовлечение класса в работу, развитие интереса к теме. |
| 3 | Актуализация знаний полученных на предыдущих уроках1. Закрепление лексического материала путём аудирования текста песни2. Контроль правильности использования изученного лексического материала в устной речи и на письме | Unfortunately, sometimes we feel ill. Now, please, watch the video clip «Doctor’s office», listen to the song and do the tasks. (Слайд 5)a) Find out and say names of illnesses.b) Answer the questions - Is this boy in the hospital?- Does he feel well?- Does he have a headache?- Why does he want to go home?- Is his temperature high?- Does he have a sore throat?- What should he do to get better?- What is his disease?The more correct answers the better your mark.As you see this boy is ill. He has the flu. He’s a headache and a high temperature. Good for you. Before we start our talk about health, let’s remember our words and do the crossword. Work in groups. Guess the words and find the main word which consists of the first letters of these words. 1. A pain in the head. 2. A pain in the ear. 3. A pain in the stomach.4. A part of a body that helps us to walk.5. A pain in the tooth.6. A place where we get medical help.

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Look at the board and check your answers. The main word is health. (Слайды 6,7)Thank you for your work. We all want to be healthy. But what do you do when you have a health problem?Work in groups. The first group. Your task: When you have a terrible headache…..The second group. Your task:When you have toothache….The third group. Your task:When you have a stomachache… (Слайд 8) | Pupils listen to the text and do the tasks.a) a cold, the flu, a headache, a sore throat.-Yes, he is.-No, he isn’t.-Yes, he is.-Because he feels unwell.-Yes, it is.-Yes, he does.-He should rest and drink a lot.- He has the flu.The more correct answers the higher their mark.Pupils do the crossword(a headache, earache, appendicitis, a leg, a toothache, a hospital) and find the main word.Pupils work in groups. The first group. When we have a terrible headache, we usually stay in bed, drink warm herbal tea and consult a pediatrician. He comes and says what to do.The second groupWhen we have toothache, we don’t eat sweets and brush our teeth after meals. We usually go to the dentist and have a medical check. He says what to do.The third groupWhen we have a stomachache, we usually stay in bed, eat less fat, keep a diet and call the doctor. He says what to do. | Закрепление и контроль изученного лексического материала. Планирование своих действий в соответствии с поставленной задачей, умение оценивать свои действия, умение организовывать сотрудничество и совместную деятельность в группе, умение участвовать в дискуссии, аргументировать собственную точку зрения,анализировать, обобщать, конкретизировать имеющиеся данные. |
| 4 | Обобщение и систематизация знаний и их применение при решении проблемы | Какие модальные глаголы используются для того, чтобы дать совет? Good health is very important for every person. What should we do to be healthy? Work in groups. Try to give each other main tips of being healthy. The more tips of being healthy the better your mark.Remember that loosing health is easier than to restore it. Think about it now, till it is not too late! Enjoy your healthy way of life! Let’s summarize all our tips of good health in our healthy living guide. (Слайды 9,10). Good for you. Thank you. | Модальные глаголы should, shouldn’t Pupils work in groups and give each other main tips of being healthy. Then they summarize all tips of good health in their healthy living guideHealthy living guide1. We should eat healthy products.2. We should eat more fruit and vegetables. 3. We should eat regularly but smaller portions.4. We should drink two liters of water every day.5. We should wash your hands before eating.6. We should avoid bad habits.7. We should do exercises such as games, reading, collecting stamps or coins, learning at school, working computer.8. We should take care of our skin, our teeth and our hair. We should сlean our teeth twice a day9. We should prepare our room for sleeping. We should air the room.10. We should go to bed on time and sleep at least 8 hours a day.11. We should have regular physical activity.12. We should take care of our clothes. Fresh, clean and neat clothes make us look and feel good.13. We shouldn’t eat fast food, many sweets and cakes, drink much coffee and soda.14. We shouldn’t watch TV and work on a computer too long.15. We shouldn’t eat after 7 p.m. | Развитие навыков речевой деятельности.Умение строить фразы, отвечать на поставленный вопрос, аргументировать и обобщать.  |
| 5 | Релаксация | My dear girls and boys! Let’s have a rest and do our exercises. Hands on shoulders,  Hands on knees. Hands behind you,if you please;Touch your shoulders,Now your nose,  Now your hair and now your toes; Hands up high in the air,  Down at your sides, and touch your hair; Hands up high as before, Now clap your hands, one-two-three-four! | Pupils do exercises and have a rest. | Предупреждение переутомления учащихся на уроке, улучшение психологического климата, повышение концентрации внимания. Снятие умственного напряжения. |
| 6 | Применение знаний и умений в новой ситуации | I hope you have only healthy habits. You know that people sometimes fall ill. Do you often visit doctors? When do you usually go to the doctor?Your task is to make up dialogues between a doctor and a patient. These cards will help you to do this task.Work in groups.Card1

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| Patient | Doctor |
| a headache | must be a cold  |
| I am running a temperature | take aspirin,take vitamins |
| my nose is running | stay in bed |
| I don’t feel well | drink a lot of tea with honey or juice |

Card2

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| --- | --- |
| Patient | Doctor |
| a sore throat | stay in bed |
| a high temperature | take tablets |
| I feel awful | drink a lot of tea with lemon  |
| It is difficult to swallow and breathe | drink warm milk with butter or mineral water |

Card3

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| Patienta terrible stomachache | Surgeonmust be a stomach infection. |
| a high temperature | stay in bed |
| I don’t feel well | take two pills three times a day |
| I feel sick. | drink mineral water |

Some pupils act out the dialogues, others listen to the dialogues and make up the table

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| --- | --- |
| Symptom | Prescription |
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Well, let’s start. The first dialogue, please.  The second dialogue, please.   The third dialogue, please. (Слайды12,13,14)  Thank you for your work. Good for you. | Pupils work in groups. Some pupils make up and act out the dialogues, others make up the table.Dialogue1P: Good morning! D: Good morning! Come in! Sit down, please! What's the matter? P: I don’t feel well. I’ve a headache and my nose is running. D: Do you have a temperature? P: Yes, I do. D: I think you have a cold. P: What should I do, doctor? D: You should stay in bed, take this medicine and drink tea with honey or juice. And you’ll be OK soon. P: Thank you doctor. Goodbye. D: Goodbye.Dialogue2D: Good morning! Can I help you?P: Good morning. I have a sore throat.D: Is it difficult to breathe?P: Oh, yes, it is. It is difficult to swallow and breathe.D: Do you have a high temperature?P: No, I don’t. D: When did you fall ill?P: I fell ill two days ago.D: Do you open your mouth and show me your tongue? You are really ill.P: What should I do to get better?D: You should take warm milk with butter or mineral water and buy a good medicine for cold. You will also take vitamins.P: When should I visit you again?D: You will visit me in a week.P: Thank you very much.D: You are welcome.Dialogue3D. Good morning! Can I help you?P. Good morning. I have a terrible stomachache. D. Do you have a high temperature? P. Yes, I have.D. Let me examine you.P. Well doctor, I'm not feeling very well.D. You've got some kind of a stomach infection.P. What should I do to get better?D. Now I'm going to give you these pills. I want you to take two pills three times a day.P. Thank you very much. When should I visit you again?D. You will visit me in a week.P. Thank you very much.D. You are welcome. | Умение работать в сотрудничестве, осуществлять свою речевую деятельность с целью достижения поставленной учебной задачи. Развитие навыков диалогической речи.  |
| 7 | Контроль усвоения, обсуждение допущенных ошибок и их коррекция. | Let’s remember our words and expressions once again.Translate into English.1. Я чувствую себя хорошо.2. Я чувствую себя плохо.3. У меня болит живот.4. У меня болит голова.5. У меня болит зуб.6. Я простудился.7. У меня болит горло.8. У тебя высокая температура?9. Я всегда консультируюсь у врача.10. Я часто принимаю лекарства.Look at the board and check your answers.Thank you for your work. Good for you. | Every pupil translates these expressions in writing and then corrects the mistakes. 1. I feel well.2. I don’t feel well.3. I have a stomachache.4. I have a headache.5. I have toothache.6. I catch a cold.7. I have a sore throat.8. Do you have a high temperature?9. I always consult a doctor.10. I often take some medicine. | Демонстрация изученного материала на практике, своевременная коррекция знаний. Осуществление самоконтроля и анализ ошибок. Самостоятельное оценивание правильности выполнения действия.  |
| 8 | Заключительный этап:- подведение итогов;- выставление оценок;- инструктаж к домашнему заданию;- рефлексия, написание синквейна | So, I hope you like our today’s lesson. I’m sure you’ll avoid bad habits and take care of your health. I think you understand that good health is above wealth. What interesting did you learn at our lesson? What was difficult for you? What exercise was the easiest? Whose answers were the best? Do you have questions? I’m very satisfied with your work today. The results of our lesson are…. Thank you. I want to give you excellent and good marks. Your home task is to write down the composition.” My Healthy Habits.” Use our healthy living guide. Now let’s createshort poems on the topic “Health”. Work in groups. Thank you. I wish you to be healthy, wealthy and wise. Our lesson is over. You may be free. Good bye! See you. | Pupils createshort poems on the topic “Health” in groups. 1 groupHealthhealthy and importantDrink, eat, feelWe should eat more fruit and vegetables Our food 2 group HealthWarm and goodGo, wash, sleep Good health is above wealthOur habits3 group HealthUseful and difficultHelp, run, jumpA sound mind in a sound bodyExercises | Выявление уровня значимости пройденной темы и уровня ее усвоения. Владение основами самоконтроля, самооценки. Самооценка учащимися результатов своей учебной деятельности, самоанализ своих знаний. |