

# TOP 10 EXTREME SPORTS



A presentation to the lesson “Extreme Sports”

“Rainbow English”, 8<sup>th</sup> grade

**IN SPORTS AND JOURNEYS  
MEN ARE KNOWN**

How can you comment on this saying?



**SPORTS ARE USEFUL FOR  
LIVING BUT SOMETIMES . . .**



# BRAINSTORMING

## EXTREME SPORTS

**risk**    **challenge**    **danger**  
**speed**    **height**    **depth**  
**physical harm**    **injury**



# AN EXTREME SPORT

- An extreme sport (also called freesport, action sport and adventure sport) is a popular term for certain activities perceived as having a high level of danger.

Any sport featuring speed, height, danger, a high level of physical exertion, highly specialized gear, or spectacular stunts.



# **TOP 10 EXTREME SPORTS**

**1. Free solo climbing**

**2. Creeking**

**3. Bungee jumping**

**4. Volcano boarding**

**5. Cave Diving**

**6. Slacklining**

**7. Wingsuit Flying**

**8. Bobsleigh**

**9. Kite Skiing**

**10. Ice Climbing**





# 1. FREE SOLO CLIMBING

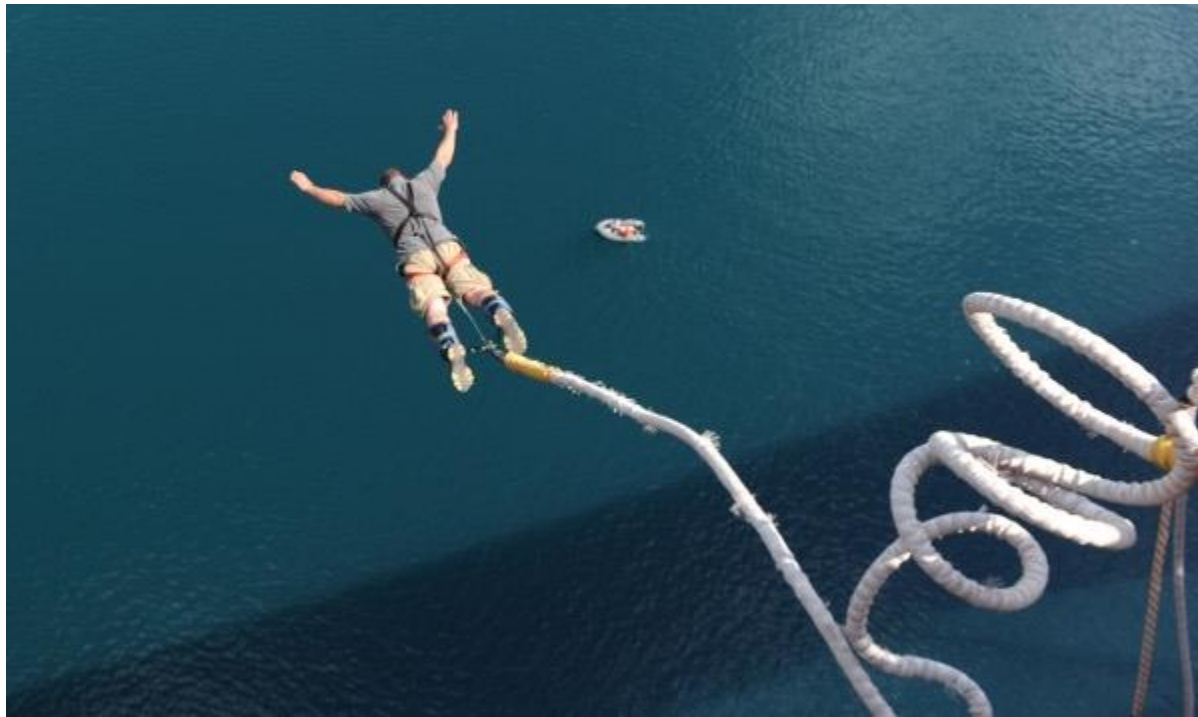


# 2. CREEKING





# 3. BUNGEE JUMPING



# 4. VOLCANO BOARDING



# 5. CAVE DIVING



# 6. SLACKLINING





# 7. WINGSUIT FLYING



# 8. BOBSLEIGH





# 9. KITE SKIING



# 10. ICE CLIMBING



- **Storm Chasing**

- **Zorbing**

- **Shark-Cage Diving**



# USED SOURCES OF INFORMATION

- <https://en-academic.com/dic.nsf/enwiki/5825>
- <https://www.therichest.com/entertainment/the-top-ten-most-extreme-sports-in-the-world/>
- <https://sportsshow.net/extreme-sports-that-can-get-you-killed/>

