**Приложение 5**

|  |  |
| --- | --- |
| ***РЕЖИМ ДНЯ*** | |
| **7.00 – 8.00** |  |
| **8.00-8.30** |  |
| **8.30-13.00** |  |
| **13.00-13.30** |  |
| **13.30 -14.30** |  |
| **14.30-15.30** |  |
| **15.30- 16.30** |  |
| **16.30-17.30** |  |
| **17.30-18.30** |  |
| **18.30-19.30** |  |
| **19.30-20.30** |  |
| **20.30-21.30** |  |
| **21.30-22.00** |  |
| **22.00-7.00** | **СОН** |