





3



**Which food is healthy?
Which food is unhealthy?**



7



8





Why do people sometimes prefer to eat unhealthy food?





CD•1.43 MP3•43 Listen to the first part of a radio programme. What is it about?

- 1 unhealthy fast food
- 2 healthy fast food recipes
- 3 a famous fast food chef





CD-1.44 MP3-44

Then listen to the second part of the programme and put the pictures in the correct order.



the omelette.



some eggs.



four potatoes.



the potatoes.



CD-1.44 MP3-44

Then listen again to the second part of the programme and write the missing verbs:



_____ four potatoes.



_____ the potatoes.



_____ some eggs.



_____ the omelette.



Cooking verbs



1 chop some fruit.



2 slice four potatoes.



3 boil the potatoes.



4 mix some eggs.



5 fry the omelette.



flour



a pan

CD-1.46 MP3-46 In pairs, look at the photo of the fruit pancakes. Read the recipe and try to complete it. Then listen to the third part of the programme and check.

Fruit pancakes

Ingredients

- some fruit (bananas and strawberries)
- 1 cup of flour
- 1 cup of milk
- 1 egg
- some oil

Instructions

- _____ the fruit
- _____ the flour, milk and egg together
- _____ some oil into a pan
- put some of the mixture into the pan, make a pancake and _____ it on both sides; take out the pancake
- _____ fruit on top of the pancake



A recipe for

" "

Ingredients:

-
-
-
-
-

Instructions:

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-
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-
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Enjoy!





Today in my class I've practised to...

- 1) and understand information
- 2) use cooking
- 3) write and speak about food recipes



Homework:

- 1) Focus WB p23 ex1,4
- 2) Handout Cooking Verbs - LEARN THIS!