*Приложение 2*

We organized a survey in the 8th forms to learn about our health habits. Here are some facts about our lifestyle.

**The first question was *How often do you go on the computer?* The statistic shows that**

-48% of pupils play computer less than 1 hour

-31% of teenagers play computer 2-3 hours a day

-15% of pupils play computer 1-1.5 hours a day

-6% of teenagers play computer 5 hours a day

**The next question was *Do you do any sports?***

**-**48% of teenagers say that they go in for sport

**-**52% of pupils say that they do not go in for sport

**It was interesting to know that the most popular sport in the 8th forms is skiing 19 %.**

Then basketball goes with 16%.

 -6% of pupils say that they practise football

-4% of teenagers say that they do track and field athletics

-the least popular sport is volleyball. Only 3 %.

But it’s a pity that 52% of pupils do not go in for sport

**All teenagers say that they often eat vegetables and fruit**

**A lot of children like to eat unhealthy food**

-61% of teenagers say that they prefer junk food like a Coke or KFC

Only 39% of pupils say that they eat healthy food

52% of teens eat chocolate, sweets, chips and biscuits every day. This poor health habits could lead to different diseases.

Unfortunately, 16 % of us skip lunch at school and snack a lot.

**-81% of teenagers say that they prefer homemade food**

-19% of pupils say that they like ready meal

But 48% sometimes think about their diet and how fit they are

**As a result**

-48% of pupils say that they visit a doctor 1-3 times a year

-29% of teenagers - 5-7 times a year

Only 23% of pupils say that they go to a hospital once a year

But 65% think that they are healthy