**leaflet giving instructions guide**

**shove push**

**accidentally slide and lose balance slip**

**situation where sb may be hurt or killed danger**

**result in lead in**

**pains in the stomach stomach cramps**

**people who protect people while they are swimming lifeguards**

**become involved in sth negative get into trouble**

**piece of wood, plastic that has information written on it sign**

**specially chosen places designated areas**

**shown dispayed**