Individual sport.

Equipment: boos, skis and poles.

Place: outside. Snowy countryside hills or mountains.

Objective: to move down hills or across the countryside in the snow. In competition skiers usually race against the clock. It’s a winter sport.

Individual or couples.

Equipment:Ice-skates.

Place:ice rink.

Objective:to move across ice on special boots with thin metal blades.

Team sport. 11 Players in each team.

Equipment: a stick and a ball.

Place: indoor or outdoor playgrounds made of ice.

Objective: to score goals.

Team sport. 4 players in each team. Mostly women.

Equipment: brooms and eight granite stones.

Place: indoor playgrounds made of ice.

Objective: to get target and to score points.