**Задания к уроку по теме « Здоровье»**

1. *Вставьте модальные глаголы should/should't*
2. You ... eat vegetables and fruit.
3. You ... drink hot milk and honey.
4. You ... eat unfresh food.
5. You ... sleep 8 hours a day.
6. You ... get wet in rainy weather.
7. You ... do morning exercises.
8. You ... walk too much in cold weather.
9. You ... drink cold water.
10. You ... air the room.
11. You ... consult a doctor every 3 months.
12. You ... drink much coffee.
13. You ... eat a lot of sweets (salt).

*2. Match the words and the descriptions*

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| 1. Hospital.  | a) A person who takes care of sick and old people. |
| 2. Pill. | b) A person who treats people’s teeth. |
| 3. Doctor. | c) A sheet of paper with the help of which we take medicine at the chemist.  |
| 4. Prescription | d) A person who gives us medical help |
| 5. Health.  | e) A place where we get medical help. |
| 6. Ambulance. | f) Small round things that we take to recover. |
| 7. Dentist | g) A state of being well. |
| 8. Nurse | h) А саг that takes a patient to the hospital |

*4. Read the statements and say true(T) or false(F).*

1. All foods are good for you.
2. Vitamins and minerals help you to keep healthy.
3. Fruit and vegetables are full of sugar and fat.
4. Sweets, chips and coke keep you healthy.
5. You should eat a variety of foods to stay healthy and grow big and strong.

*3.* *Do you know the parts of the body? Guess the riddles*

1. A little ball can reach the sky *(an eye)*
2. These two brothers live not very far apart;
One of the left, one of the right;
But they never see each other *(ears)*
3. It lives alone between two bright stars *(a nose)*
4. A thick forest which grows as fast as it is cut down *(hair)*
5. It always beats and hops,
It never sleeps or stops:
And never we part with our little *…( a heart)*

5, *Here are some proverbs. Translate them into Russian.*

1. Health is above wealth.
2. Prevention is better than cure.
3. Eat at pleasure drink with measure
4. An apple a day keeps the doctor away.
5. Early to bed, early to rise, makes a man healthy, wealthy, and wise.