# Приложение 2. A Card for individual and pair work.

**Task 1. Look at the pictures of different sports and say:**

* which one you like the most / least. Why?
* which one is the most dangerous / exciting/ popular/ enjoyable and why you think so.
* what qualities each of the sports requires.

***Wordlist:***

- *build muscles; improve health; get fit; lose weight; calm you down; make you feel good/better; improve general fitness; increase your sense of well-being;*

*- boring; entertaining; hard training; relaxing; stressful; energetic; cooperative;*

***to be*** – *strong/ fit/ brave/ well-trained/ disciplined/ competitive/ fast/ organized/ careful/ patient/ determined……..*

***to have*** – *stamina / a sense of direction/ lots of determination/ a sense of adventure/ a good sense of balance, fast reflexes….*