WORD FORMATION:

 “Sleeping at 35.000 feet”

In the first 0) eventful months of my new career, my very demanding boss EVENT

had me travel to Europe seven times. He then very 1) ............................... CHARITY

threw in several trips within the US and Canada for good measure.

The most 2).......................... lesson that all this flying back and forth taught me FORGET

was how necessary it is to sleep during plane rides.

It is of the utmost 3)...............................because if you get insomnia, or are otherwise SIGNIFY

prevented from dozing off in mid-air, you will be exhausted

and virtually 4)...................once you reach your destination. USE

The worst thing about air travel is that even if you are bent and determined on 5)................... CONTENT

Snoozing the flight away, there are always a million and one 6)................................. DETER

which will not allow you to do so. Take, for example, the passenger who is seated beside you.

He or she is a potential 7)............................ . If you see that this person has no reading matter, DISTRACT

be sure to immediately feign sleep or heavy interest in whichever novel you are reading.

The reason for this is that bookless people always want to drink cup after cup of coffee and regale

you with all the details of their lives which makes it impossible for you to drift off to dreamland.

Another sure snore-stopper is 8)......................... If the plane does start rocking and rolling, TURBULENT

and you are like me and get white knuckled, wide eyed, and can 9)............................. BARE

refrain from screaming “Let me out of here!”, try to gain comfort from the extremely calm people

who are either chatting happily or sleeping even as their 10)....................peanuts hit the ceiling. .SALT

Answer Key: 1 – charitably 6 - deterrents

 2 – unforgettable 7 - distraction

 3 – significance 8 - turbulence

 4 – useless 9 - barely

 5 – contentedly 10 – salted