**Приложение.**

**Extreme Sports.**

1. **Bungee jumping;**
2. **Extreme mountain biking;**
3. **Extreme skiing;**
4. **Ice-canyoning;**
5. **Ice diving;**
6. **Skysurfing;**
7. **Snowboarding;**
8. **Snowrafting;**
9. **White water rafting.**

**Ex. 1**. 1. Which sport do you think is the most dangerous? Why?

 2. Have you ever tried any of these extreme sports? Which ones? What was it lake?

 3. Which sports would you like to try? Why?

**Ex. 2**. Read the Strategies.

LISTENING STRATEGIES; Preparation

* Before you listen, always look for clues that will help you understand what you are going to listen to (e.g. the title, captions, pictures, etc.).
* Read the questions carefully to help you listen for specific/relevant information.
* Use your knowledge of the world to try to predict answers to the questions.
* Guess the answers which you can, then check when you are listening.

Ex. 3 Use the Strategies to answer the questions below.

1. People do extreme sports in order to feel ... a excited, b nervous, с happy.
2. Extreme sports have become popular in the last… a 5 years, b 10 years, с 20 years.
3. People usually bungee jump from ...

a aeroplanes, b high buildings, с bridges.

4 In skysurfing people do mid-air ...

a gymnastics, b dancing, с swimming.

1. Skysurfing has similarities with ... a skiing, b surfing, с canoeing.
2. Snowrafting is ...

a quite dangerous, b very dangerous, с not very dangerous.

1. For white water rafting you need …

 **a** a big river. **b** a warm river. **c** a mountain river.

**8**. Ice divers …

**a** swim under the ice. **b** walk on the bottom of lakes. **c** walk upside down under the ice.

**Ex 4.** Listen to two people talking about extreme sports. Complete the table.

|  |  |  |
| --- | --- | --- |
| **Sports** | **Mary** | **John** |
| likes |  |  |
| Doesn’t like |  |  |
| Would like to try |  |  |
| Wouldn’t like to try |  |  |

**Ex. 5. Preferences**.

+ ’ing’ or noun + to + infinitive

I 1 \_\_\_\_\_\_\_\_\_ bungee jamping. I 2\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to try skysurfing.

 I3\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to do snowrafting.

I4 \_\_\_\_\_\_\_\_\_\_ doing boring sports. I5\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to stay at home/

I6 \_\_\_\_\_\_\_\_\_\_ winter sports.

I7 \_\_\_\_\_\_\_\_\_\_\_ going skiing.

I8 \_\_\_\_\_\_\_\_\_\_\_ snowboarding.

I9 \_\_\_\_\_\_\_\_\_\_\_ slow sports. I10 \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to go ice diving.